

 alba S P A



OUR PHILOSOPHY

Embark on a journey of the senses

Nestled amongst native gardens and thermal springs lies the Alba spa. A tranquil retreat from the everyday.

From luxurious full-day self-care packages to half day rituals and treatments, this oasis will unite the mind and the body.

Indulge in holistic facial and massage treatments, steam rooms or simply experience the ancient ritual of private bathing to find calm within.

Take a moment.

RITUALS



Breathe Light — allow 2½ hours

Calms, refreshes and restores

Allow yourself to Breathe Light and embrace harmony and calm.

Lighten your step with a warm foot compress before moving onto an express facial to revitalise your skin. Enjoy a meditative and nourishing hair and scalp treatment before we bring you back to earth with an enlivening lower leg and foot massage.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour spa treatment including:

- Scalp treatment
- Express facial
- Lower leg and foot massage

Breathe Easy — allow 3 hours

Rejuvenates and enlivens

Allow yourself to Breathe Easy with this gentle and restorative treatment.

We begin with a back exfoliation using Himalayan sea salt to energise tired muscles before a targeted back, neck and shoulder massage. An express facial will refresh and hydrate your skin, followed by an enlivening foot massage to complete your ritual.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1½ hour spa treatment including:

- Back exfoliation
- Back, neck and shoulder massage
- Express facial
- Foot massage



Peace Ceremony _____ allow 3½ hours

Invigorates, uplifts and unwinds

Our Peace Ceremony promotes harmony for the mind, body, and soul.

Unwind as aromatic oils are smoothed over the skin working in unison with rhythmic body massage and heated volcanic stones to melt away tension. Enjoy a bespoke Naturaceuticals™ facial, customised to meet your skin's needs, that will soothe and replenish before our scalp therapy leaves you in a state of reinvigorated bliss.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

2 hour spa treatment including:

- Alba Artisan massage
- Essential facial
- Scalp therapy

Pure Alba — allow 3½ hours

Cleanses, remineralises and contours

Our signature aroma therapy ritual begins with dry body brushing before being cocooned in a warm body clay.

As your body absorbs the healing minerals, a soothing scalp massage works away tension. After a warm shower, a hot stone full body massage calms a busy mind and dissolves tension. Finish with a contouring Gua Sha facial massage to restore and rebalance the complexion.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

2 hour spa treatment including:

- Body exfoliation
- Mineral clay wrap
- Scalp therapy
- Alba Artisan massage
- Gua Sha facial massage

Fire & Ice — allow 4 hours

Invigorates, hydrates and restores

This indulgent experience begins with rhythmic sweeping massage strokes with the aid of heated volcanic stones, and cool marble stones coated with botanical oils, restoring a sense of peace and wellbeing. The rocking movements and assisted stretching that are key to Alba's signature Artisan massage, will alleviate tension. The alternating warm and cool stones ensure the body is nourished and reinvigorated.

Vanessa Megan's Fire and Frost facial utilises pure Vitamin C combined with effective skin exfoliating AHAs to increase vascular activity on the face, neck and décolletage enhancing cellular respiration and collagen synthesis. This is followed with Vanessa Megan's award-winning Cryō Ice Cube serum reducing redness, while repairing, regenerating and hydrating the skin.

Your skin treatment includes a signature Gua Sha massage designed to lift and brighten leaving you looking and feeling refreshed.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

2 ½ hour spa treatment including:

- 1 ½ hour Fire and Frost facial
- 1 hour massage with alternating warm and cool stones

Anahata Ritual — allow 4½ hours

Hydrates, restores and replenishes

Our Anahata Ritual is a luxurious journey of total skin, body and soul renewal.

After a stimulating Himalayan sea salt exfoliation, you'll be enveloped in a warmed body clay to soften and purify your skin. Once you are cocooned in luscious clay, your hair and scalp will be gently massaged with a nourishing treatment to soothe the mind.

The full-body massage is designed to deeply hydrate and nourish your skin. While you rest, the Sodashi Radiance facial will replenish and hydrate your skin.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

3 hour spa treatment including:

- Smoothing body polish
- Nourishing body clay
- Hair and scalp treatment
- Hydrating massage and facial

Spa Sanctuary — allow 2½ hours

Calms, restores and replenishes

Bathe in Alba's warm mineral pools before retreating to the spa lounge for a guided meditation and green smoothie.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

1 hour access to the spa lounge with a 20 minute guided meditation

Green smoothie delivered from our restaurant Thyme



BODY
TREATMENTS



Body Balance — allow 3 hours

Exfoliates, brightens and replenishes

This rejuvenating ritual begins with a mineral-rich Rapadura sugar scrub to buff and brighten the skin, leaving it irresistibly smooth. A nourishing full-body massage follows, using a luxe body butter infused with a nutrient-rich oil blend to replenish moisture, support skin elasticity, and promote deep relaxation.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 ½ hour spa treatment including:

- Rapadura sugar & wattleseed body polish
- Hydrating full body massage

Body Brilliance — allow 3 hours

Calms and nourishes

This nourishing treatment uses a lomi lomi style massage of broad, flowing strokes combined with Sodashi's rich Body Brilliance cream to relax and hydrate your skin. Rest easy, wrapped up to seal the moisture into your skin while enjoying a deeply calming scalp massage to calm the mind.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 ½ hour spa treatment including:

- Massage
- Body wrap
- Scalp massage

Body Renewal — allow 2½ hours

Soothes, nourishes and hydrates

This soothing and nourishing body treatment starts with a jojoba bead exfoliation to refresh dry skin. After a shower you will be rehydrated with Sodashi's hydrating Rose & Jasmine body lotion. The result will be soft, radiant skin.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour spa treatment including:

- Jojoba bead exfoliation
- Hydrating body lotion

Body Splendour — allow 3½ hours

Nourishes, refines and hydrates

Relax with a gentle full body exfoliation to smooth and refresh the skin. You will then be cocooned in a hydrating pink clay to further firm and condition your skin, while relaxing with a deeply calming scalp massage. After a shower, lotion will be massaged into your skin to seal in the goodness.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1½ hour spa treatment including:

- Exfoliation
- Pink clay wrap
- Scalp massage
- Hydrating body lotion





WATER & STEAM THERAPY

Vichy Immersion ————— allow 2½ hours

Revitalises and uplifts

Designed to restore harmony and balance, our Vichy Immersion combines a full body exfoliation under a luxurious Vichy shower.

A Himalayan salt scrub of sweet orange and geranium balances the skin PH and helps prevent muscle cramps. Skin texture is visibly improved and circulation boosted. Your treatment concludes with the warm cascading water of the vichy shower, designed to leave you feeling balanced and refreshed.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour spa treatment including:

- Full body exfoliation
- Vichy shower

Hamam Float — allow 2½ hours

Detoxifies and relaxes

Relax in a darkened room full of warm, aromatic steam before surrendering to a traditional cleansing ritual. Your skin will be brightened with a vigorous exfoliation using a Kessa glove.

Hair is washed and deeply nourished with a masque that restores silky softness. A luxurious and hydrating soap massage kneads away aches and soothes away tension before a warm rinse concludes your treatment. Emerge revitalised and invigorated.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
Alba's signature herbal tea served in the spa lounge
1 hour steam room experience with Kessa Glove scrub and bay leaf soap massage

Self-care Suite — allow 2½ hours

Hydrates, replenishes and refines

Customise your own Alba experience with a choice of body scrubs, silken body muds, professional hair cleansers, masks, and facial products.

From the comfort of your own private spa suite, which features aromatic steam, create your own ritual with luxurious cleansers, balms, and lotions. Enjoyed alone or with friends, this fun experience is the ultimate in top-to-toe self pampering.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
Alba's signature herbal tea served in the spa lounge
1 hour private steam suite for singles, couples or social groups
Platter of face, body and hair product

Aura Aroma Bath ————— allow 2 hours

Luxuriate in aromatic waters, as a powerful blend of trace elements and minerals dissolve anxiety. Fatigue is banished, and busy minds are quietened. Emerge full of renewed energy.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
Alba's signature herbal tea served in the spa lounge
½ hour private aromatic bath

Sparkling Bath ————— allow 2 hours

Luxuriate in an aromatic Alba bath for two. Enjoy a glass of sparkling wine and emerge relaxed and glowing.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
Alba's signature herbal tea served in the spa lounge
½ hour private bubble bath for two
2 glasses of Peninsula sparkling wine

Bath with Cheese and Wine ————— allow 2 hours

Luxuriate in an aromatic Alba bath and then enjoy cheese and wine in the spa lounge.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

½ hour private bubble bath

Cheese platter and glass of wine in the spa lounge



Fire & Frost Cryō Facial ————— allow 3 hours

Brightens, lifts and regenerates

This dynamic, 100% natural skin resurfacing treatment uses potent ingredients from nature and extreme polar temperatures to achieve immediate and lasting results.

Vigorous exfoliation and pure vitamin C naturally heat the skin to induce immediate collagen synthesis. Using Vanessa Megan's award-winning Cryō Ice Cube serum, skin is rapidly cooled, flooding the cells with nutrient rich ingredients known to repair, regenerate and hydrate the skin.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 ½ hour Fire and Frost Cryō facial

Essential Facial ————— allow 2½ hours

Cleanses, balances and nourishes

The Essential Facial using Naturaceuticals™ is a luxurious spa experience designed to support and nourish the skin.

Harnessing the signature aromas and textures of a true Vanessa Megan treatment, your skin is expertly cleansed, massaged and rejuvenated with luxe serums and balms to calm, plump, and soothe. Compliment your facial with your choice of a hand, foot or head massage using the award-winning Peruvian Flower hand and body cream.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour Essential facial

FACIALS BY VANESSA MEGAN

Metamorphosis Facial ————— allow 3½ hours

Brightens mature skin

Vanessa Megan's powerful Metamorphosis™ skincare is combined with bespoke facial massage techniques designed to help lift, sculpt and revitalise peri to post-menopausal skin.

This deeply rejuvenating facial stimulates collagen production, increases cellular energy and uses techniques of the facial fascia, including intra-oral/Buccal massage to improve skin health and elasticity.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

2 hour Metamorphosis facial



FACIALS
BY SODASHI



Radiance Facial — allow 2½ hours

Replenishes and hydrates

Our Radiance facial offers a customised, targeted treatment to leave your skin feeling cleansed, nourished and hydrated. This bespoke facial harnesses nutrient rich botanicals and holistic massage techniques to support and nourish your skin.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
Alba's signature herbal tea served in the spa lounge
1 hour Radiance facial

Thermal Facial — allow 3 hours

Restores and nourishes

Our Thermal facial reclaims youthful elasticity and restores luminous skin tone with an intensive boost of vitamins and minerals. Using a results driven thermal mask to infuse layers of antioxidant-rich botanicals deeply into the skin resulting in "nature's facelift".

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
Alba's signature herbal tea served in the spa lounge
1½ hour Thermal facial

MASSAGE



Alba Artisan ————— allow 2½ / 3 hours

Feel rested, centred and satisfied.

Using rhythmic sweeping massage strokes with the aid of heated volcanic stones coated with botanical oils, your dedicated therapist will realign your energy and wellbeing. The rocking movements and assisted stretching that are key to the Artisan massage will alleviate tension and coax away knots for a truly holistic therapy.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour or 1½ hour Alba Artisan massage

Elemental Balance ————— allow 2½ / 3 hours

Promote a state of deep relaxation and a sense of wellbeing with our Elemental Balance treatment.

Beginning with a sensory journey, this massage is customised to your needs. Luxurious botanical oils appeal to the senses while long, flowing strokes ease away stress and restore a sense of balance resulting in the ultimate in relaxation.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour or 1½ hour Elemental Balance massage

Lullaby — allow 2½ hours

A nurturing, rhythmic massage. Suitable after the first trimester of pregnancy.

This nurturing and supportive body massage uses a gentle combination of rhythmic spiralling movements and a soothing touch. It promotes a journey of reconnection, realigning energy flow, and enhancing balance and wellness. This treatment invites a surrendering of all stress and tension.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour Lullaby massage

Sole Soothe — allow 2 hours

Relax tired feet and a busy mind with this indulgent foot massage and meditation.

Your treatment includes a relaxing lower leg and foot massage to alleviate tension and heaviness while you relax into a guided meditation.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

½ hour foot massage

Guided meditation



THE CONCIERGE

With extensive expertise in our springs and spa therapies, our Concierge is available to recommend a unique and memorable experience just for you.

We can help you create the perfect Mornington Peninsula itinerary with a combination of Alba treatments and local experiences.

Whether it's a scenic helicopter arrival, fine dining at the exclusive Laura at Point Leo Estate, or the unparalleled luxury of a stay at The Sanctuary, your experiences will be enhanced with a pairing of sumptuous Alba indulgences.

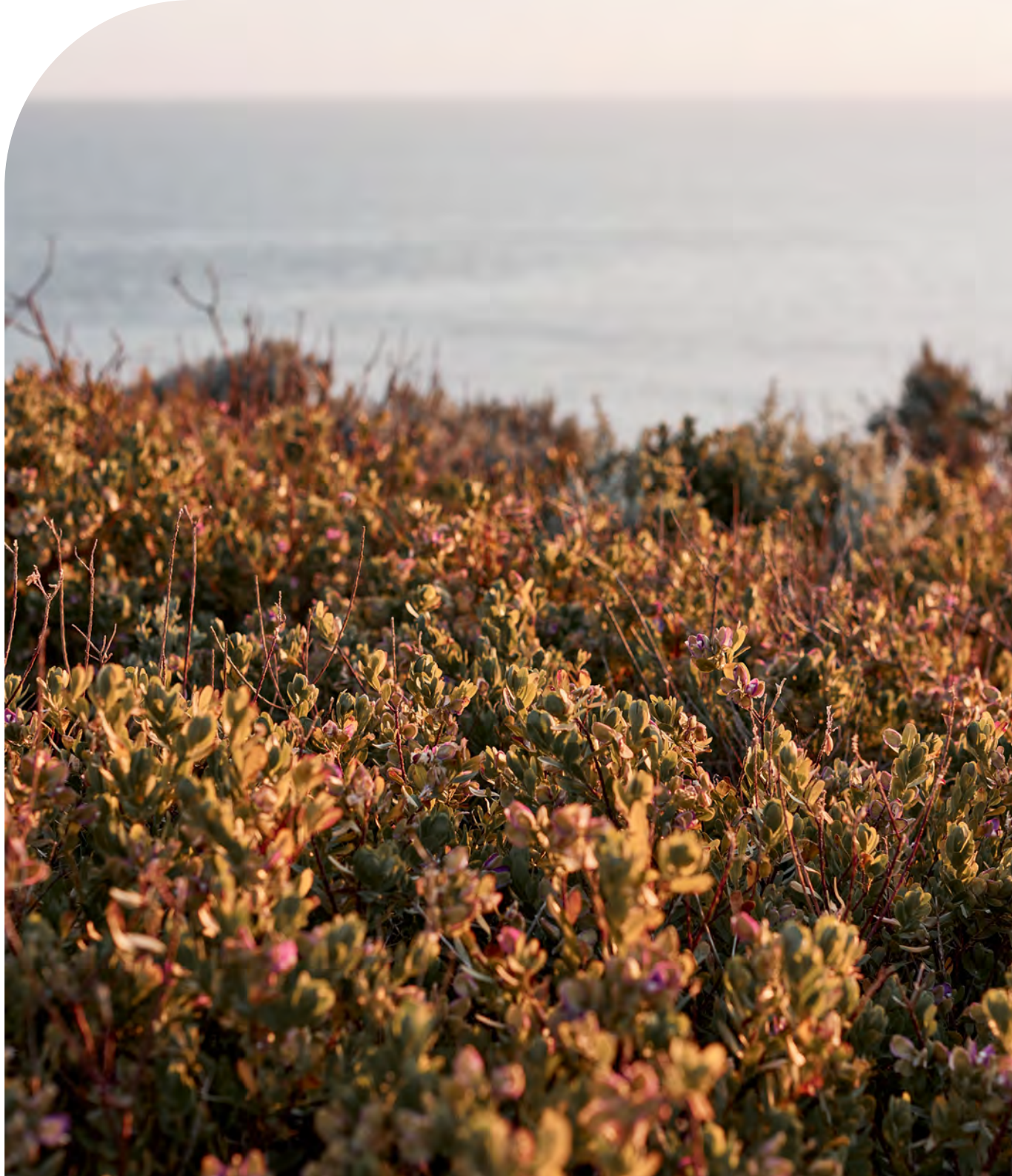
Tell us what you love. Then leave the rest to us.



THE COAST

Full day experiences

Time feels like the ultimate indulgence. Immerse yourself in our thermal springs and be pampered from top-to-toe. Relax – you have all day.



The Pier — allow 6¾ hours

Escape the everyday. This full day experience offers the best of Alba.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of locker, towel and bathrobe

Two course lunch with a glass of Peninsula wine or pressed juice

3¾ hours of spa treatments including:

- 1 hour Vichy Immersion
- 1½ hour Alba Artisan Massage
- 1 hour Essential Facial
- Guided meditation

The Pines — allow 6¾ hours

Make time for stillness. This full day experience is indulgent and revitalising.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

Two course lunch with a glass of Peninsula wine or pressed juice

3¾ hours of spa treatments including:

- 1½ hour Body Splendour treatment
- 1 hour Elemental Balance massage
- 1 hour Radiance Facial
- Guided meditation

The Pillars — allow 6¾ hours

Take a moment. This full day experience will leave you rested and glowing.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

Two course lunch with a glass of Peninsula wine or pressed juice

3¾ hours of spa treatments including:

- 1 hour Hammam Float
- 1 hour Alba Artisan massage
- 1½ hour Fire & Frost Cryo Facial
- Guided meditation

THE ESCAPE

Small group experiences

Alba's small group packages are the perfect way to celebrate friendship and family ties, for special occasions, or no special reason at all.



The Connection ————— allow 3½ hours

Soiree with friends

Bathe in Alba's warm mineral pools before retreating to the steam room. Delight in a top-to-toe DIY spa experience with a tantalising array of body scrubs, silken body muds, professional hair cleansers and masks and facial products. Retreat to The Sol lounge to enjoy a glass of sparkling wine and a guided meditation to complete your visit.

Suitable for 4 – 10 guests

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour DIY steam and spa suite experience with friends

Sparkling wine and petit fours in the spa lounge

15 minute guided meditation in the spa lounge

The Celebration ————— allow 3½ hours

Unwind, laugh and live

Step through to Alba's warm mineral pools and escape the modern world. After bathing, retreat to the luxurious surrounds of the spa. Immerse yourself in a guided group facial, led by our skincare expert where a platter of skincare products is sure to delight. Enjoy the buzz of conversation and a glass of sparkling wine. Emerge feeling radiant and restored.

Suitable for 4 – 12 guests

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Alba's signature herbal tea served in the spa lounge

1 hour DIY facial workshop with a platter of skincare products

Sparkling wine and petit fours in The Sol lounge

10% discount on retail products purchased on the day

DINE THYME

Springs and dine

An experience to nourish the body and feed the soul. Plunge into our pools before enjoying Alba's restaurant Thyme with locally-sourced, seasonal produce in a menu created by award winning chef Karen Martini.



Springs Thyme — allow 2½ hours

Leave your cares at the door as you step into our contemporary geothermal pools. Once fully rested, enjoy lunch or dinner with a glass of Peninsula wine or local craft beer at our restaurant Thyme.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Two course lunch or dinner at Thyme

A glass of Peninsula wine or local craft beer

Bathe & Beluga — allow 2½ hours

Celebrate love and friendship

Indulge someone special with Aquatir beluga caviar served with crème fraîche, chives, local egg and buckwheat blini served in your own spa lounge. Relax and enjoy the decadence of caviar while you unwind.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Beluga caviar tray, served in the spa lounge or restaurant Thyme

A glass of Veuve Clicquot NV

Tea Thyme — allow 3 hours

Indulge in a quintessential afternoon tea in the airy surrounds of Thyme. Enjoy geothermal bathing followed by high tea. Guests leave nourished and replenished with an Alba herbal tea gift.

Available the last Sunday of the month.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

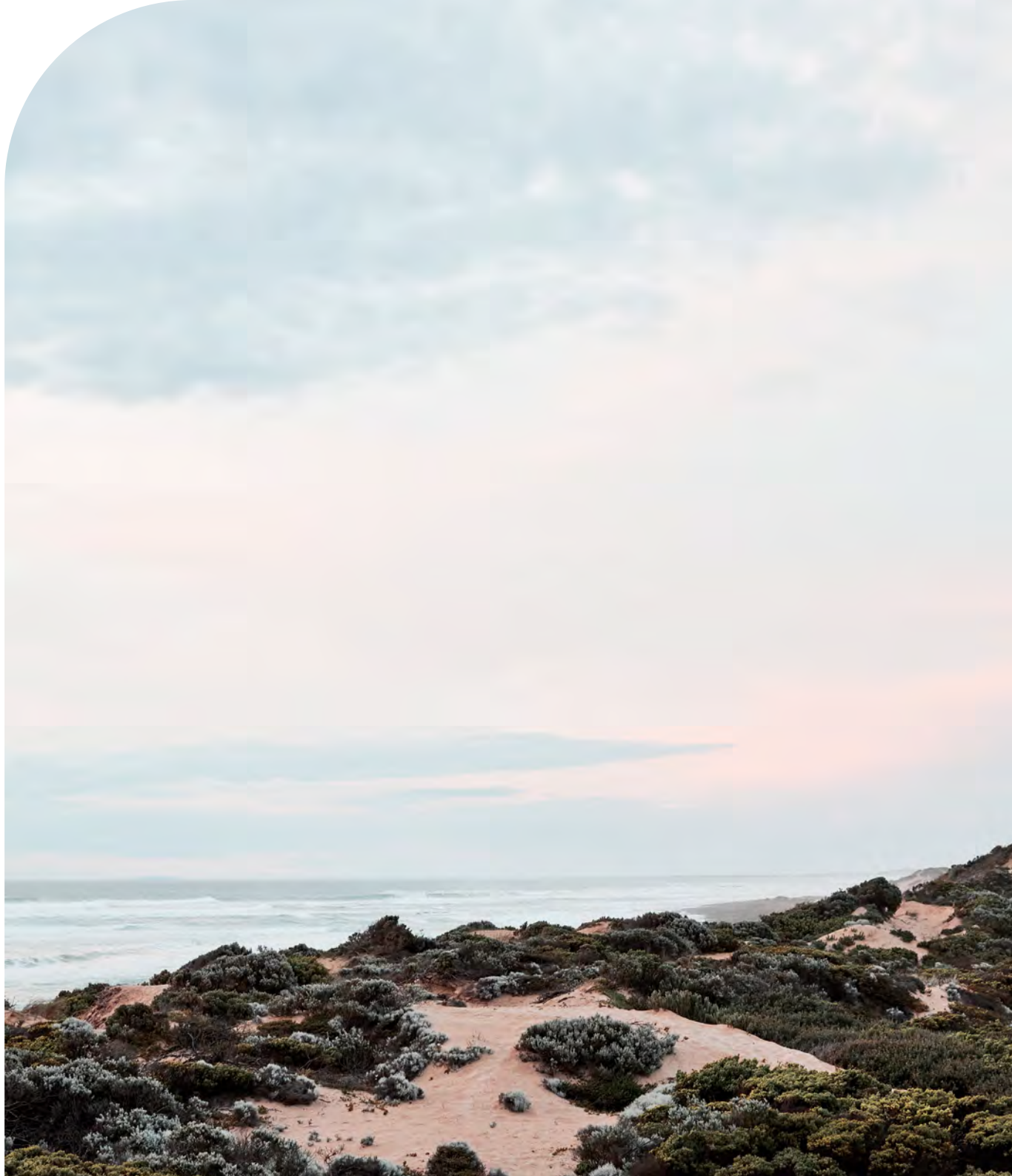
High tea is served at 2.00pm with a choice of teas and a bottomless glass of sparkling wine

Alba signature herbal tea to take home

THE SKY

Truly indulgent experiences

For the most decadent of celebrations, where you can delight in the very best Alba has to offer.



The Stars ————— allow 4½ hours

A decadent escape for two

Enjoy the exclusivity of The Terrace, bathing in your private pool, relaxing with our signature massage on your own deck and dining by candlelight, while the sun sets across the Peninsula.

Take home two beautiful Alba bathrobes by Bamboka and a gift pack of Alba products.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

1 hour bathing in a private pool on The Terrace

1 hour tailored massage

Dinner delivered from Thyme to The Terrace

Mornington Peninsula wine and craft beers

2 x Alba by Bamboka bath robes

Gift pack of Alba products

Note: Available November to April

The Jewel ————— allow 4½ hours

A celebration of decadence, radiance, and renewal

Enjoy an exquisitely layered ritual created exclusively by Vanessa Megan for Alba.

Begin with a warm, effervescent champagne sugar scrub to gently polish the skin and awaken the senses. A deeply restorative cocoon massage follows, allowing a velvety champagne body butter to melt into the skin, delivering intense hydration and sublime softness.

The ritual then ascends to the face with a 24kt gold infusion, boosting circulation, brightening the complexion, and preparing the skin for the transformative Gold and Lime Caviar mask. As the skin absorbs the rich infusion of gold and lime caviar, a luxurious hair and scalp treatment completes your escape, releasing tension and nourishing the soul.

An unforgettable sensory experience, where gold, champagne, and caviar converge to leave you utterly luminous.

Finish your day with champagne and Aquatir beluga caviar served with crème fraîche, chives, local egg and buckwheat blini in the spa lounge.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room

Use of a locker, towel and bathrobe

Beluga caviar tray, served in the spa lounge or restaurant Thyme

A glass of Veuve Clicquot NV

2 hour spa treatment including:

- Champagne sugar body scrub
- Massage
- 24kt gold infused face mask
- Hair and scalp treatment

THE SANCTUARY



**Escape the everyday with our luxury accommodation,
nestled in the dunes above the springs.**

Perched on the ridge, and commanding sweeping views across the Peninsula, the villas are each nestled within a secluded screening of native bushland. Echoing Alba's design and wellness ethos, The Sanctuary features a soft palette of muted hues in interiors that provide every creature comfort along with the simple serenity sought by spa guests.

THE SPRINGS



Thermal Springs ————— allow 2 hours

Find moments of reflection and discover the restorative power of water

Enjoy the warm waters and naturally occurring minerals in our geothermal springs, rain pools and botanical pools, forest pools and cold plunge pools. You will discover secluded pools and social pools, plus Eve – our sunset pool; all surrounded by the windswept beauty of the coastal Moonah woodland.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe

Night Owl ————— allow 2 hours

Enjoy the sunset and the tranquillity of the pools at dusk

Night owl? Enjoy the warm waters and naturally occurring minerals in our geothermal springs, rain pools and botanical pools, forest pools and cold plunge pools as the sun sets over the Mornington Peninsula. Arrive after 5.30pm and you will discover secluded pools; all surrounded by the windswept beauty of the coastal Moonah woodland.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe

Early Riser ————— allow 2 hours

Enjoy the sunrise and the tranquillity of the pools at dawn

Enjoy the warm waters and naturally occurring minerals in our geothermal springs, rain pools and botanical pools, forest pools and cold plunge pools as the sun rises over the Mornington Peninsula. Arrive before 9.00am and you will discover secluded pools; all surrounded by the windswept beauty of the coastal Moonah woodland.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe

PRIVATE
BATHING



The Terrace ————— allow 2 hours

Nestled in nature, your own private springs

Take time out to relax with a small group, bathe in a private pool and relax on the deck.
Book one or all three pools.

Suitable for couples or small groups up to 6 guests.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
45 minutes in a private pool perfect for couples or small groups up to six people
The opportunity to order light meals and drinks by the pool (for an additional fee)

The Clouds ————— allow 2 hours

Total seclusion in a private rooftop geothermal pool

Peace and seclusion are offered in our private rooftop geothermal pools.

Suitable for one or two guests.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
45 minutes of private rooftop bathing

*Note: We have three The Clouds pools – two have skylights allowing you to relax and gaze up into the sky.
One is dark and offers a complete escape.*

The Salts ————— allow 2 hours

Float, weightless, in a private rooftop salt pool

Welcome quiet introspection and pure tranquility in a rooftop salt pool.

Suitable for one or two guests.

EXPERIENCE

All day access to 22 contemporary geothermal pools, sauna and steam room
Use of a locker, towel and bathrobe
45 minutes of private rooftop bathing

*Note: We have three The Salts pools – two have skylights allowing you to relax and gaze up into the sky.
One is dark and offers a complete escape.*

